

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019



Exercise **1**
 Spiritual Moments
 Current Events
 Bingo \$\$\$
 Salvation Army
 Open Mic
 Employee Appreciation Day

Exercise **2**
 Spiritual Moments
 Current Events
 Wal-Mart
 Penny Toss
 Smile
 One Minute Game

Exercise **3**
 Spiritual Moments
 Current Events
 Church
 Flea Market
 Mini Golf
 Build a Word

Exercise **4**
 Spiritual Moments
 Current Events
 Celebrity Match
 Puzzle Time
 Craft Corner

Exercise **5**
 Spiritual Moments
 Current Events
 Game Day
 Cooking Club
 (Pancakes)
 Mardi Gras

Exercise **6**
 Spiritual Moments
 Current Events
 Egg Relay
 Word Cookie
 21 Black Jack
 Ash Wednesday

Exercise **7**
 Spiritual Moments
 Current Events
 Lunch on You
 Casino
 Button Craft
 Clover All over Game

Exercise **8**
 Spiritual Moments
 Current Events
 Apples & Pears
 Cartoon Match
 Name That Tune
 Dance Contest

Exercise **9**
 Spiritual Moments
 Current Events
 Movie Outing Explosion
 (Madea Family Funeral)
 Relaxation Hour
 Participant Choice

Exercise **10**
 Spiritual Moments
 Current Events
 Church
 Coffee @ Dunkin Donuts
 Spelling Bee
 Daylight Saving Time Begins

Exercise **11**
 Spiritual Moments
 Current Events
 Charades
 Balloon Dart
 Fancy Nail
 Simon Says

Exercise **12**
 Spiritual Moments
 Current Events
 Family Feud
 Men vs Woman
 Clover All Over
 Let's Make Candle

Exercise **13**
 Spiritual Moments
 Current Events
 Leprechaun Floats
 Balloon Tennis
 Heads Up
 Musical Chairs

Exercise **14**
 Spiritual Moments
 Current Events
 Hangman
 Parachute Madness
 Craft Corner
 Name Ten

Exercise **15**
 Array of Colors Party
 St. Patty Day Celebration
 Wear Green Friday
 Treasure Hunt
 Lucky Cake Walk
 Participant Social

Exercise **16**
 Spiritual Moments
 Current Events
 Mall Walk
 Simon Says
 Tic Tac Toe
 Would you Rather

Exercise **17**
 Spiritual Moments
 Current Events
 St Patty Day Brunch
 (Green Eggs and Ham)
 Hot Seat
 Participant Choice
 St. Patrick's Day

Exercise **18**
 Spiritual Moments
 Current Events
 Unscramble the State
 Jewelry Craft
 Space Jingo
 DIY bath rug

Exercise **19**
 Current Events
 Group Taboo
 Bible Trivia
 How Many Words
 Priority Partners
 (Nutrition)

Exercise **20**
 Spiritual Moments
 Current Events
 Musical Chairs
 Donut Challenge
 Deal or No Deal
 Spring Begins

Exercise **21**
 Spiritual Moments
 Current Events
 Lunch on You
 Balloon Dart
 Line Dance
 Purim

Exercise **22**
 Spiritual Moments
 Current Events
 Women's Group
 Name Ten
 Reading Circle
 Men & Woman Group

Exercise **23**
 Spiritual Moments
 Current Events
 Let's Make Deal
 Build a Word
 Mystery Outing
 Jewelry Craft

Exercise **24**
 Spiritual Moments
 Current Events
 Church
 Movie Hour
 Bean Bag Toss
 Participant Choice

Exercise **25**
 Spiritual Moments
 Current Events
 Bowling Game
 Fuse Beads
 Showtime @
 Foundations

Exercise **26**
 Spiritual Moments
 Current Events
 Cup Stacking
 Poetry Hour
 Scavenger Hunt
 Charades

Exercise **27**
 Spiritual Moments
 Current Events
 Game Day
 Beat the Clock
 Jacks
 Board Games

Exercise **28**
 Spiritual Moments
 Current Events
 Cooking Club
 Disc Golf
 Priority Partners
 (Obesity)

Exercise **29**
 Birthday Karaoke
 Birthday Jingo
 Wear your Favorite Color of the rainbow


Exercise **30**
 Spiritual Moments
 Current Events
 Cake Walk
 Bingo for Prizes
 Never Had I
 Ping Pong Tournament

Exercise **31**
 Spiritual Moments
 Current Events
 Church
 Feed the Ducks
 Ice Cream Cone
 @McDonalds



Foundations Medical Adult Day Services

March is National Women's History Month

