

Sunday

Monday

Tuesday

Wednesday





Thursday

Friday

Saturday

November 2019

Foundations

					Exercise 1 Current Events Spiritual Moments Thanksgiving Bingo Shoots and Hoops Purple Friday: Predictions Ring Toss Musical Chairs	Exercise 2 Current Events Spiritual Moments Wal-Mart Battle of the Sexes Find Someone Who Math Attack Mix and Match
Exercise 3 Current Events Spiritual Moments 5 Below Scattergories King's Chair Daylight Savings Discussion <small>Daylight Saving Time Ends</small>	Exercise 4 Current Events Spiritual Moments Movie Hour ABC Game Foreman Mills You be the Judge	Exercise 5 Current Events Spiritual Moments Jewelry Craft Spelling Bee 21 Blackjack Benefits of Sleep (Discussion)	Exercise 6 Current Events Spiritual Moments Dollar Tree Balloon Race Drama Club Movie Cinema	Exercise 7 Current Events Spiritual Moments Bean Bag XOXO Bounce Off Game Foundations Family (Discussion) Lunch on You outing	Exercise 8 Current Events Spiritual Moments Women Group Thrift Store Mock Talk Show Nail Care w/ Shakiara	Exercise 9 Current Events Spiritual Moments Relaxation Hour Mall Stroll Food Trivia Healthy U: Discussion
Exercise 10 Current Events Spiritual Moments Coffee @ McDonalds Magic Ball Fall Jingo Hot Seat	Exercise 11 Current Events Spiritual Moments Spa Day Family Feud Egg Relay Race <small>Veterans Day (US) Remembrance Day (Canada)</small>	Exercise 12 Current Events Spiritual Moments Cartoon Match One-minute Games Name that Tune Soul Train Line w/ Treena	Exercise 13 Current Events Spiritual Moments Jeopardy the Remix Blindfold Twister JEOPARDY!	Exercise 14 Current Events Spiritual Moments Speak Out (Fun with Food) Create your own Game Library Club	Exercise 15 Current Events Spiritual Moments Foundations Fashion Show FASHION 	Exercise 16 Current Events Spiritual Moments Card Shark Roses Clothing Store Mock Interview Goal Review
Exercise 17 Current Events Spiritual Moments Church Hot Potato Holiday Blues (Discussion)	Exercise 18 Current Events Spiritual Moments Celebrity Match Taste Challenge How Many Words Salvation Army outing	Exercise 19 Current Events Spiritual Moments Cake Walk: Gobble Cooking Group (Candy Corn Turkey) 21 Blackjack	Exercise 20 Current Events Spiritual Moments Open Mic Jacks Game Apples and Oranges I'M THANKFUL (group discussion)	Exercise 21 Current Events Spiritual Moments Hot Chocolate Social Finish the Phrase Turkey Trivia 21 Questions	Exercise 22 Current Events Spiritual Moments Women's group Queen for the Day Cook Off (Sweet Delights)	Exercise 23 Current Events Spiritual Moments Lunch on You Mother May I? Rock, Paper, Scissors Building our Personality
Exercise 24 Current Events Spiritual Moments News and Coffee Sentence Finder Walk the Trail Client Choice outing	Exercise 25 Word of the Day Journey of Life Thankful Turkey Craft 	Exercise 26 Current Events Spiritual Moments Magazine Hunt Trivia Before Dinner Friendship Tree Activity	Friendsgiving Dinner Basket Giveaway Left/ Right Game 	Exercise 28 Current Events Spiritual Moments Name 5 Thanksgiving Feast II Center Closed @ 1:30pm <small>Thanksgiving Day (US)</small>	Exercise 29 Women's Group Wake Up: Trivia Purple Friday: Predictions Birthday Karaoke 	Exercise 30 Current Events Spiritual Moments ACTIVE (Let's get physically fit) Find the Lyrics Line Dance (Review)