

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Foundations Medical Adult Day Services & PRP

January 2021				1	2
				<small>New Year's Day</small>	
3	4 Wake & Shake Current Events/ Ice Breaker How to be Assertive	5	6 Wake & Shake Current Events/ Ice Breaker Qualities of a Mentor	7	8 9
10	11 Wake & Shake Current Events/ Ice Breaker 2021 Vision Board (Show & Tell)	12	13 Wake & Shake Current Events/ Ice Breaker Weakest Link Game	14	15 16
17	18 Wake & Shake Current Events/ Ice Breaker Reintegration <small>Martin Luther King Day</small>	19	20 Wake & Shake Coffee & Tea Social Peer Support: Hot Topics	21	22 23
24	25 Wake & Shake Current Events/ Ice Breaker Celebrity Match/ Fun Facts (Game)	26	27 Wake & Shake Current Events/ Ice Breaker CHARADES MONTHLY RAFFLE	28	29 30
31	<p>All groups will be conducted through Zoom.</p> <p>Meeting ID: 863 827 1003</p> <p>Password: Foundation</p>				

Activity Professionals Week

Australia Day (observed)