

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

**Happy New Year!
Safety First
Do not forget to
wear your mask!**

New Year's Day

2

Exercise
Current Events
Dollar Tree
Take a Chance
Hot Chocolate Social

3

Exercise
Current Events
Apples & Oranges
The Price is Right
Lunch on You
Mall Stroll

4

Exercise
Current Events
Covid Safety
Group Discussion
Roses Clothing Store
Family Feud

5

Exercise
Current Events
Balloon Tennis
Spelling Bee
Walmart
Cartoon Match

6

Current Events
Vision Board
Volleyball
Dollar Tree
Group Discussion
(The importance of wearing
your mask)

8

9

Exercise
Current Events
Draw Detective Game
Picture a Word
Craft Corner
DIY King & Queen Crown

10

**Emoji Pop Game
Spa Day**



11

Exercise
Current Events
Bingo for Prizes
21 Blackjack
w/Bonny
\$\$\$ Scoop

12

Exercise
Current Events
Musical Chairs
5 Below
Lunch on You
Drama Club
(Twins)

13

Women's Group
Tea Party
What is the Tee?



15

16

Exercise
Current Events
MLK Hangman
MLK Trivia
Coffee @ McDonalds
Poetry Hour

17

Exercise
Current Events
Two Truths 1 Lie
Family Feud
Men vs. Women
Tone it up Tuesday
Words have power)

18

Exercise
Current Events
Can you Picture This!
Unscramble the Word
Cup Stacking Game
Wacky Winter Wardrobe
Handwashing Technique

19

Exercise
Current Events
One Minute Game
Heads up
Lunch on You
Tissue Relay Race
Grab a box

20



21

22

23

Exercise
Current Events
Movie Cinema w/Popcorn
Never had I
Spades Tournament
Craft Corner

24

Exercise
Current Events
Dunk in The Trunk
Balloon Pop
Poetry Hour
Indoor Scavenger Hunt
Bible Trivia

25

Exercise
Current Events
Would you rather
Celebrity Match
Getting to Know you
Group Activity

26

Exercise
Current Events
Wintertime Bingo
Finish the Lyric
Fancy Nails
Soul Train Line

27

Current Events
Birthday Karaoke
80 vs 90's Party



28

29

Activity Professionals Week

30

Exercise
Current Events
Musical Chairs
Bean Bag Toss
Group Taboo
Relaxation Hour
Participant Choice

31

PLEASE WEAR A MASK

