


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>  <p>Happy New Year</p> <p>New Year's Day</p>	<p>2</p> <p>Self-worth vs. Self-Esteem "The Reflection of You"</p> <p>Bingo</p>	<p>3</p>	<p>4</p> <p>The Boundaries of Life 'Respecting the space of others'</p> <p>Jeopardy Trivia</p> <p>Lunch on you \$\$</p>	<p>5</p>	<p>6</p> <p>Illness Management Coping with Bipolar</p> <p>Peppermint Challenge</p> <p>PRP Store Roses \$\$</p>	<p>7</p>
<p>8</p> <p>Schedule Is Subject to Change</p>	<p>9</p> <p>Social Skills Role Play Expressing yourself through Communication</p> <p>Jewelry Creation PRP Pantry Buffet \$\$</p>	<p>10</p>	<p>11</p> <p>Impulse Control Learning How to Control You're Impulses</p> <p>Journaling Mall Walk</p>	<p>12</p>	<p>13</p> <p>Understanding your Treatment Team</p> <p>Family Feud PRP Store Library</p>	<p>14</p>
<p>15</p> <p>This institution is an equal opportunity provider</p>	<p>16</p> <p>Living with OCD I Had a Dream</p> <p>American Visionary Museum Martin Luther King Jr. Day</p>	<p>17</p>	<p>18</p> <p>Illness Management Triggers vs. Coping Skills</p> <p>Name Those Tunes</p> <p>5 and below \$\$</p>	<p>19</p>	<p>20</p> <p>Social Skills: Social Etiquette</p> <p>Ice Cream Social</p>	<p>21</p>
<p>22</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>23</p> <p>Conflict Resolution "Let's Resolve It"</p> <p>Arts and Crafts</p> <p>Activity Professionals Day</p>	<p>24</p>	<p>25</p> <p>Peer Support Open Form</p> <p>Mental Health Hangman Pizza Party Incentive 😊</p>	<p>26</p> <p>Australia Day (observed)</p>	<p>27</p> <p>Movie Friday</p> <p>Birthday Karaoke</p> 	<p>28</p>
<p>29</p>	<p>30</p> <p>Understanding Co-occurring Disorder</p> <p>Foundations Award Ceremony</p>	<p>31</p>	<p>January 2023</p> <p>Foundations Psychiatric Rehabilitation Program</p>			