

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2024

Foundations Psychiatric Rehabilitation Program

<p>5</p> <p>This institution is an equal opportunity provider</p> <p>Cinco de Mayo</p>	<p>6</p> <p>Illness Management: Anxiety vs. Depression</p> <p>How Many Words</p> <p>Walmart \$\$</p>	<p>7</p>	<p>1</p> <p>Life Skills: I Will Survive Self-Love</p> <p>Snowball Social</p> <p>May Day</p>	<p>2</p>	<p>3</p> <p>Self-Care: Health and Wellness</p> <p>Poetry Contest</p> <p>Dollar Store \$\$</p>	<p>4</p>
<p>12</p>  <p>Happy Mother's Day</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>10</p> <p>Mother's Day Brunch</p>  <p>Mother's Day Craft</p>	<p>8</p> <p>Social Skills: Setting Social Boundaries</p> <p>Backyard Barbecue Trivia</p> <p>Library</p>	<p>11</p>	<p>9</p>	<p>11</p>	<p>10</p>
<p>19</p> <p>Schedule is subject to change</p>	<p>13</p> <p>Illness Management: Living with PTSD</p> <p>Journaling DEAR SELF</p> <p>Women's Mall Walk</p>	<p>14</p>	<p>15</p> <p>Independent Living: Staying on Task Time Management</p> <p>Hoop Love Event</p>	<p>16</p>	<p>17</p> <p>Illness Management: Preventing Decompensation</p> <p>The Worth Jar</p> <p>Lunch on You \$\$</p>	<p>18</p> <p>Armed Forces Day</p>
<p>26</p>	<p>20</p> <p>Life Skills: Self-Esteem Survey</p> <p>1 Min Game</p> <p>Men's Day Fishing @ the water</p> <p>Victoria Day (Canada)</p>	<p>21</p>	<p>22</p> <p>Social Skills: Peer Support Let's Talk About It</p> <p>Let's Make a Deal</p>	<p>23</p>	<p>24</p> <p>Independent Living: Surviving on a Budget</p> <p>Big Money Bingo</p>	<p>25</p>
<p>27</p> <p>Foundations PRP Closed</p>  <p>Happy Memorial Day</p> <p>Memorial Day</p>	<p>28</p>	<p>29</p> <p>Illness Management: Co-Occurring Mental Health &amp; Addiction</p> <p>Family Feud</p>	<p>30</p>	<p>31</p> <p>Movie Friday</p> <p>Birthday Karaoke</p> 	<p>31</p>	<p>31</p>