

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

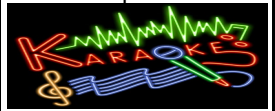
Saturday



August 2026

Foundations Psychiatric Rehabilitation Program



2 Schedule is subject to change	3 Life Skills: Empathy Circle August Jeopardy Trivia Walmart \$\$	4	5 Illness Management: Understanding Intrusive Thoughts and Paranoid Ideations Sunshine Bingo Bruster's Ice Cream \$\$	6	7 Illness Management: Reducing my Anger Thoughts DIY Sunshine Tea Bags Armish Market \$\$	8
9 *This institution is an equal opportunity provider and employer.	10 Independent Living Needs vs Wants Cash Out For The Love of Fruit Basket Creation Lunch at Panera \$\$	11	12 Social Skills: Men's and Women's Group Open Form Juice Bar Library	13	14 Illness Management: The Coping Kit Creation Sunshine & Citrus Trivia Annapolis Harbor Walk	15
16	17 Entitlements: PRP Community Resource Fair The Wheel of Challenge Getting To Know Who?	18	19 Illness Management: Acceptance and Commitment Deal or No Deal Swimming @ Beaver Dam Swim Club	20	21 Life Skills: Facing your Feelings Client Choice Seafood Social \$\$	22
23	24 Mental Health How Many Words Staff vs. Clients 1 min Game	25	26 PRP Summer Wrap-up Cookout @ Downs Park 	27	28 Movie Friday with Popcorn  Birthday Karaoke	29
30	31 Illness Management: Accumulating Positive Memories & Emotions Arts and Crafts PRP Victory Treat @ Buffet	"Where there's hope, there's life. It fills us with fresh courage and makes us strong again." - Anne Frank				